



BABYBELLE

BREAST MILK BAG

Model: BBA15



SAVE THESE INSTRUCTIONS

INSTRUCTIONS FOR USE

The Breastmilk Bag is ideal for breastmilk storage. The special material of the bag is impermeable to the air and moisture and maintains the quality of the breastmilk. Heat-sealed seams prevent the bag from tearing or bursting.

TECHNICAL DETAILS

- Capacity 150ml(oz)
- No-leak, easy-to-close zip-lock
- No-spill stand-up bottom
- Double-walled for long and safe breastmilk Storage.
- Pre-sterilized for hygiene & convenience

STORING YOUR BREAST MILK

To prevent the growth of the bacteria, breastmilk which is not to be used immediately must be refrigerated.

- Refrigerate expressed milk immediately (within 1 hour of expressing)
- If you are going to use the expressed milk to feed your baby within 45 hours after expression, put the breast milk in the back area of the fridge where is coolest (4°C or lower)
- Freeze refrigerated milk immediately (not more than 6 hours) for storage if it will not be used within next 48 hours.
- DO NOT fill storage container more than 3/4 full to give room for expansion. If you are going to freeze milk, it is easiest to freeze milk in individual feed quantities of 60-125ml (2-4 hours)
- Never top up refrigerated or frozen milk with fresh milk except you are going to use it to feed your baby within an hour

NOTE: Refrigeration is the recommended method for storing breast milk because it preserves the natural immunity factors of the milk better than freezing

GUIDELINE FOR STORAGE TIME

Method of milk storage	Use within
Un-refrigerated(at room temperature in closed container <math><77^{\circ}\text{F}/25^{\circ}\text{C}</math>)-away from radiators & direct sunlight. Low Room temperature of (66-72 $^{\circ}\text{F}/19-22^{\circ}\text{C}$) will extend the time up to hours	4hours
Refrigerated only (32-39 $^{\circ}\text{F}/0-4^{\circ}\text{C}$)	48 Hours
Freeze compartment inside a fridge	2 Weeks
Freezer is separate from fridge with its own door	3 Months
Deep Freezer(<math><0^{\circ}\text{F}/-18^{\circ}\text{C}</math>)	6-12 Months
Defrosted in fridge to <math><39^{\circ}\text{F}/4^{\circ}\text{C}</math>	24 Hours
Defrosted to room temperature	4 Hours
Refreezing	Never

NOTE: Chill expressed milk immediately before freeze. Chilled breast milk must freeze in whole 6 months

PREPARING STORED MILK FOR FEEDING

- Always be sure your hand is washed before preparing a feed
- Be sure oldest milk use first to minimize waste of expressed milk
- Thaw frozen milk in the fridge or by standing the milk bag in lukewarm water until it had reached body temperature for feeding
- If you need to take expressed milk with you when you are not, make sure it stays cold or frozen until need
- You will notice that stored milk separates out into two layers. you can gently swirl the bottle in circular motion to remix thoroughly before feeding.
- If your baby does not complete the bottle during a feeding, the milk should be discarded after half hours as bacteria may build up.

IMPORTANT!

- NEVER defrost or heat breast milk in microwave oven or a pan of boiling water
- DO NOT add fresh milk to already frozen or refrigerated milk for storage.
- If defrosted in the fridge, the milk should use for feeding immediately or keep in fridge for used 24 hours
- Throw away any leftover milk half hours after a feed.
- NEVER boil breast milk
- NEVER immerse a frozen breast milk bag in boiling water.
- Always date a time of collection and use the oldest milk first
- To avoid the growth of bacteria, never allow breast milk to stand at the room temperature.
- When transporting frozen milk, ensure that it cannot flow.
- The bags pre-sterilized, after operating the bag. DO NOT put your hand into the bag or blow into the bag to avoid destroying the pre-sterilized status.
- DO NOT reuse the breast milk bag (1 time usage only)

MATERIALS

Outer layer: PET

Inner layer: LLDPE

DISPOSAL

The breastmilk bag is a disposable product. Dispose of according to local regulations after use.

Babybelle Ltd.

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